We envision a city where every health clinic and hospital can be comfortably reached by walking, biking, wheeling, and transit.

**Staying healthy means staying active!**

We hear this every day from doctors, nurses and public health professionals. Through our Safe Routes to Health(c) initiative, Seattle Neighborhood Greenways invites Seattle’s major healthcare institutions to join us in building the safe, welcoming streets and neighborhoods that make it easy and convenient for people of all ages to get out and walk, wheel, or ride bikes.

Our healthcare institutions and our community will benefit as employees, patients, visitors, and community members choose active transportation.

Institutions save money as employees are healthier, absenteeism is reduced and fewer expensive parking spaces are needed for employees.

*Seattle Children’s has set high standards locally on Safe Routes to Health*

*Spokespeople Ride at Seattle Children’s Hospital*
Institutions improve patient health outcomes by making an active lifestyle easier and more attractive. Think of greenways as preventive care!

Communities benefit as safe, comfortable streets make walking and biking the easiest choices for getting where people need to go: to the health clinic, to the park, to school, to the gym.

Safe healthy streets make staying active a part of daily life.

Step #1:
Survey patients and visitors about their transportation use

Step #2:
Evaluate care facility’s website for active transportation information

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With significant input from healthcare organizations we are developing and testing a checklist for institutions that want to adopt Safe Routes to Health as part of their institutional master plans.